

# Aesthetician

---

## **Nancy Therien**

Aesthetician, Skin Care Therapy for Men, Women, & Teens

***An Aesthetician is a person who is extensively trained in the care of the skin.***

There are many avenues an Aesthetician can pursue. I have chosen to specialize in the clinical treatment of common skin conditions experienced **by both men and women**, such as acne, rhytides (wrinkles), dehydrated and sun damaged skin.

The skin is the largest organ of the body. It reflects the overall health and well being of the body i.e. dehydrated skin is symptomatic of insufficient water intake.

By identifying the problem, the solution is generally achievable.

My goal as an Aesthetician is to partner with my client/patient to improve the health and subsequently the appearance of his or her skin.

## ***Healthy skin is beautiful skin.***

Clean, radiant skin can be achieved in various ways. I have chosen specific products and treatments with which I have achieved excellent results.

So much of our daily lifestyle contributes to the condition of our skin. I will work with you to overcome the following challenges.

## ***Environmentally Damaged Skin***

Usually a result of:

- sun exposure
- smoking
- alcohol consumption
- pollution
- diet
- stress
- climate extremes

## ***Hyper-pigmentation (Melasma, Chloasma)***

Usually a result of:

- photo-sensitizing agents
- sun exposure
- hormonal changes i.e. pregnancy, menopause, progesterone based oral contraceptives.

## ***Acne and Acne Prone Skin***

(Over activity of the sebaceous glands)

Usually stimulated by:

- hormonal surge
- stress
- diet
- excessive exercise
- pollution and sun exposure
- use of inappropriate skin care products

## ***Featuring Dermalogicia Products***

Dermalogicia is a state-of-the-art skin care system created in response to today's demand for innovative, effective skin and body care.

Utilizing a basic system of Cleansers, Conditioners, Moisturizers and Masques, it is augmented with unique Boosters and Additives to form a complete skin care regimen.

The skin is a very resilient organ. Utilizing specialized treatments, technically advanced equipment, professional skin care products **and** the most critical factor, patient compliance, **healthy, radiant skin can be achieved!**

## ***Aesthetics Treatment Protocol***

### **Acne**

Professional exfoliation and softening of tissue to aid in extraction of comedones, help in regulating sebum production to reduce excess oils and impurities, helping to reduce congestion, eliminate P. Acne, minimize inflammation and promote healing.

*Cost per treatment: \$45.00 to \$52.00*

### **Hyper-Pigmentation** - non-genetic

Professional exfoliation, softening of tissue for better absorption of the natural ingredients which enhance the elimination of brown spots (Chloasma, Melasma), and promote more even skin tones.

*Cost per treatment: \$48.00*

### **Dull, Dehydrated Skin with Fine Wrinkles**

Professional exfoliation to desquamate tissue, super hydration to plump fine lines, and revitalize the skin with natural vitamins and enzymes.

*Cost per treatment: \$52.00 to \$62.00*

